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# "Working Motherhood under Lockdown"

Collective Insights | April 2021

Working Moms of **Athens**  
LeanIn Circle

*Stella Ioannidou*

Curious about Work, Life & Everything in Between

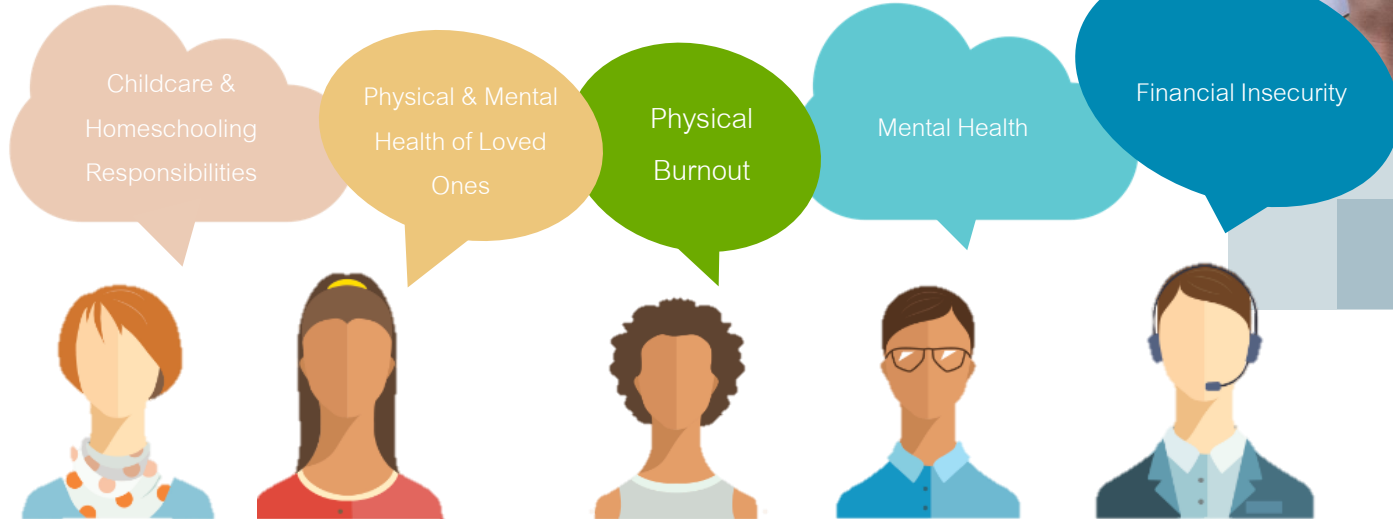
# Hello! We are the **Working Moms of Athens**

## Our **Intention** is to generate...



# We are the **Working Moms of Athens**

## Our **Biggest** Challenges during the Pandemic are...



# We are the **Working Moms of Athens**

We run **the risk of exiting the Workforce** should the following persist...

Worry performance is negatively judged because of caregiving responsibilities

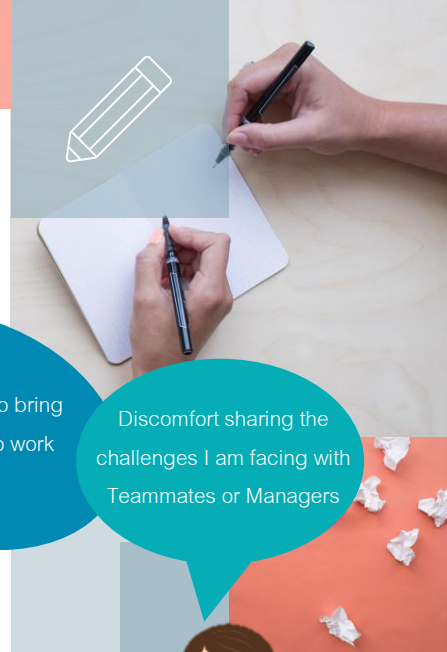
Feeling like I need to be available to work at all hours, i.e., "always on"

Housework and caregiving burdens due to Covid-19

Lack of flexibility at work

Feeling unable to bring my whole self to work

Discomfort sharing the challenges I am facing with Teammates or Managers





# We are the **Working Moms of Athens**

## **Corporate Practices & Support** that help us Thrive during the Pandemic are...

Commitment to the mental health and well-being of employees

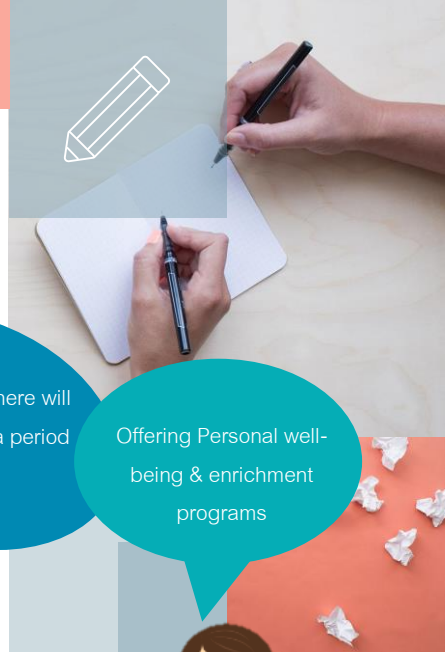
Offering Parenting & Homeschooling Resources

Providing with Job Training & Re-Skilling Opportunities

Offering Mental Health & Bereavement Counselling

Announcing that there will be no lay-offs for a period of time

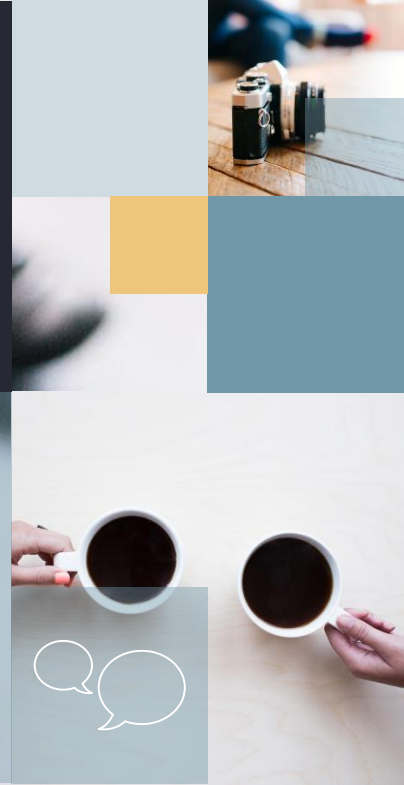
Offering Personal well-being & enrichment programs





Project Manager  
WORKING PARENTHOOD

The only type of  
Investment that  
continuously  
produces positive  
Returns is  
Investing in  
Yourself



# Our Moto!